

Strengths-based Supervision Mental Health & Addictions Services

A three-day experiential workshop facilitated by Karen Shepherd and Chris Thomas in partnership with Mind and Body Learning and Development Ltd

When: 17-19 November 2010

Where: MBLD, 395A Manukau Road, Epsom Auckland

Cost: \$ 895.00 (GST inclusive) includes, course workbook and handouts, morning, afternoon teas, lunches and certification (optional post-workshop skills assessment also available for an additional cost of \$280.00)

This workshop will include:

- Defining professional supervision and the context of supervision within Aotearoa/New Zealand
- Relationship building and contracting
- Developmental dynamics
- Skills, tools and processes
- Reflective practice
- Ethical decision making in supervision
- Group team and peer models of supervision
- A strengths-based approach to supervision will underpin the course content and process

Who is the workshop for?

Anyone who is in a supervisory role in Mental Health and Addictions Services. Emphasis will be placed on supervision by and for people with lived experience of mental distress and/or addiction

Karen Shepherd BSW, PG Dip SSS, MANZASW, Reg. Social Worker.

Chris Thomas BSW, Cert Soc Serv Sup, MSW (hons)

We have been working together as trainers since 2005 developing a framework around strengths-based practice with a specific focus on the Aotearoa/NZ context.

We have developed and run a range of training programmes for both professional supervision and strengths-based practice for social workers, allied health professionals and community organisations. We are also professional supervisors in private practice and are passionate about collaborative supervision

Places are limited to twenty participants (minimum of 12 participants)

Our approach to professional development is: Experiential and interactive learning, expertise led (not expert driven), creative, innovative, fun and practical

Registration closes: 15th October, 2010

For further information or to register for this workshop please contact Nicky Grant on nicky@mindandbody.co.nz